WORKSHEET 1 - CHP 2 – COMPONENTS OF FOOD.

15 MARKS.

- 1. WHAT ARE THE 2 MAIN CARBOHYDRATES FOUND IN OUR FOOD? (1)
- 2. NAME THE NUTRIENTS IN -(1)A. ENERGY GIVING FOODSB. BODY BUILDING FOODS
- 3. OUR BODY PREPARES THIS VITAMIN IN THE PRESENCE OF SUNLIGHT?(1)
- 4. DEFINE BALANCED DIET. WHAT CHARACTERISTICS DOES THE BODY OF A PROTEIN DEFICIENT PERSON SHOW? ANY 2. (3)
- 5. GIVEN THE NAME OF THE VITAMIN OR MINERAL. IDENTIFY THE DEFICIENCY DISEASE AND WRITE ANY 1 SYMPTOM: (3)
 - A. VITAMIN A
 - B. VITAMIN B1
 - C. VITAMIN C
- 6. GIVEN THE NAME OF THE VITAMIN OR MINERAL. IDENTIFY THE DEFICIENCY DISEASE AND WRITE ANY 1 SYMPTOM: (3)
 - A. VITAMIN D
 - B. IODINE
 - C. IRON
- 7. WRITE THE TEST FOR STARCH. (3)

WORKSHEET 2 - CHP 7 – GETTING TO KNOW PLANTS.

10 MARKS

- 1. DEFINE WEEDS.(1)
- 2. DIFFERENTIATE BETWEEN CREEPERS AND CLIMBERS. (1)
- DIFFERENTIATE BETWEEN RETICULATE AND PARALLEL VENATION.
 (1)
- 4. DEFINE TRANSPIRATION AND PHOTOSYNTHESIS. (1)
- 5. DIFFERENTIATE BETWEEN TAP ROOT AND FIBROUS ROOTS. (1)
- 6. DRAW AND LABEL PARTS OF STAMEN. (2)
- 7. WITH AN EXAMPLE WRITE HOW TYPE OF ROOT AND LEAF VENATION ARE RELATED. (3)

WORKSHEET 3 - CHP 8– BODY MOVEMENTS.

20 MARKS

- 1. DEFINE SKELETON. (1)
- 2. DEFINE CARTILAGE (1)
- 3. DEFINE JOINTS. (1)

4. WRITE A NOTE ON MOVEMENT IN

A. BALL AND SOCKET JOINT B. PIVOT JOINT C. HINGE JOINT D. FIXED JOINTS (2)

5. WRITE ANY 3 CHARACTERISTICS ABOUT MOVEMENT IN SNAKES. (3)

6. WRITE ANY 3 CHARACTERISTICS ABOUT MOVEMENT IN FISHES. (3)

7. WRITE ANY 3 CHARACTERISTICS ABOUT MOVEMENT IN COCKROACHES. (3)

8. WRITE ANY 3 CHARACTERISTICS ABOUT MOVEMENT IN SNAIL. (3)

9. WRITE ANY 3 CHARACTERISTICS ABOUT MOVEMENT IN EARTHWORMS. (3)

WORKSHEET 4 - CHP 9 – THE LIVING ORGANISMS- CHARACTERISTICS AND HABITATS.

15 MARKS

- 1. WHEN DO PLANTS RESPIRE? (1)
- 2. WRITE AN EXAMPLE TO SHOW A. PLANTS B. ANIMALS RESPOND TO STIMULI? (1)
- 3. HOW DO PLANTS RESPIRE? (2)
- 4. HOW DO PLANTS EXCRETE? (2)
- **5.** WRITE ANY 3 ADAPTATIONS OF ANIMALS LIVING IN A. DESERT HABITAT B. MOUNTAIN HABITAT. (3)
- **6.** WRITE ANY 3 ADAPTATIONS OF ANIMALS LIVING IN A. OCEAN HABITAT B. PONDS AND LAKES. (3)
- 7. WRITE ANY 6 CHARACTERISTICS OF ORGANISMS.(3)